



ottobock.

Active support
for back pain relief

Dynea. Improvement through Movement.

Quality for life

Tips and tricks for fitting the Dyneva back brace

1 Adjusting the shoulder pads

Shoulder pads should be positioned approx. 4 cm below the shoulder blades. To position the shoulder pads vertically, push the upper tubular frame inside the spring adapters. The maximum possible extension is indicated on the tubular frame. To position the shoulder pads horizontally, insert the pin into one of the three available holes. Once positioning is complete, replace the cover caps on each of the pads.



2 Adapting the frame

The brace can be adjusted to accommodate different body shapes. This can be done by either bending the tubular frame or swapping the lower part of the frame for another size. Please note the replacement frame should be only one size larger or smaller than the original. (Article number 29R394=S/M/L/XL/XXL).

3 Correctly fitting the abdominal strap

If required, the angle of the abdominal strap can be adjusted using the spring elements: first loosen the screws, then remove the covers.